

A large, stylized, cream-colored profile of a woman's face with long, flowing hair, set against a dark red background. The face is facing left, and the hair flows from the top right towards the bottom right.

BRIGADE Beat

The Hospitality Newsletter
April 2019



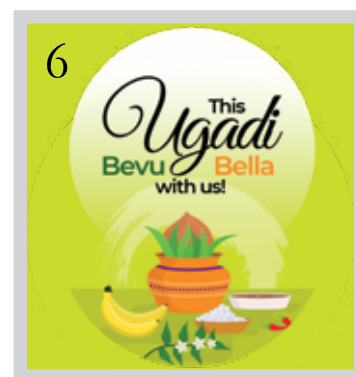
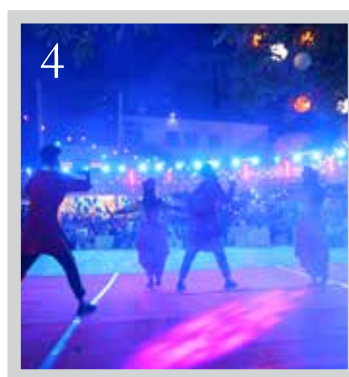
**GIFT HOPE
AND NEW
BEGINNINGS!**

THE GIRL CHILD



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From The ED's Desk

Dear Member,

The dastardly attack in Pulwama, that resulted in the totally uncalled for and utterly senseless loss of our Bravehearts from CRPF, has left us deeply shocked and horrified. We are at complete loss of words to convey our anguish and sympathy for members of the bereaved families who are bearing this enormous void in their lives, with grit and courage. We salute our Brave hearts for their supreme sacrifice in the service of the Nation. As a mark of our respect and as a token gesture of our support for the bereaved families, all employees of Brigade Group have contributed their one day's salary, with a matching amount being contributed by the company. A cheque was formally handed over to the authorities, by our representative in Delhi.

Our Four Points by Sheraton, Kochi Infopark, that has been open from December 2018, was formally inaugurated on February 11th 2019, by Hon'ble Chief Minister of Kerala, Shri. Pinarayi Vijayan. He was accompanied by Hon'ble Tourism Minister of Kerala, Shri Kadakampally Surendran and other esteemed dignitaries. It was indeed an honour for us to have the august presence of such dignitaries to mark the opening of a landmark hotel in Kochi Infopark, Brigade group's first hotel venture in Kerala.

Our 2 upcoming hotels, Grand Mercure GIFT City, Gujarat and Holiday Inn Express & Suites, OMR, Bangalore are nearing completion and should announce their soft launch by the fourth quarter this year.

The year of 2019 has started well for the Hospitality sector and we are confident that our members and guests can look forward to an exciting time ahead.

While we have continued to receive mostly positive feedback from our members across all our clubs, we are further strengthening our food production team. You should soon see further improvement in our food, especially Pan-Asian and bakery products.

We are happy to announce our association with World Vision India to support the cause of the Girl Child. It is our aim to help create a positive and enduring change in the lives of children. These gifts of hope will be towards education, health, nutrition, water, sanitation and hygiene. Please do join us in this cause to uplift, build and empower GIRLS.

As we look forward to another dynamic year, we thank you for making the year 2018 a memorable one. We feel privileged to have your continued patronage.

Please do keep sharing your valuable feedback and suggestions.

Warm regards,

Vineet Verma, MRICS

Executive Director & CEO - Brigade Hospitality



Awards & Recognitions

Future Executive Assistant Summit & Awards 2019



Varunraj Radhakrishna, Brigade Hospitality received the EA Achiever Award in Travel and Hospitality Sector at the Future Executive Assistant Summit & Awards 2019 organized by UBS Forums held at Taj Lands End, Mumbai

Future L&D Summit & Awards 2019



Ms Aishwarya N, Brigade Hospitality was awarded the "Best Learning professional of the year" by Future L&D Summit & Awards 2019 and "The Award of Excellence - L&D Business Leader" by WELED





New Year Celebrations at our Clubs

The Woodrose with Bowtie hospitality organized The Great Gatsby New Year's Eve Party on 31st December 2018. The event was attended by people from all age groups and was very well received. Standup comedian Mark Zubair, MC Abhishek and Illusionist Munnawar kept the crowd engaged. A vintage 1950 Jaguar was put on display and was driven by 3 lucky winners.



Lohri Celebrations at The Woodrose and Galaxy Club



Coco Pineapple Delight

To serve: 3 Glasses

Preparation time: 10 minutes

Ingredients:

- Pineapple - 750 gm
- Fresh Tender coconut water - 250 ml
- Tender coconut Meat (Malai) - 180 gm
- Sugar Syrup - 60 gm
- Crushed Ice - 200 gm
- For The Garnish - 3 slices of Pineapple wheels

Method:

1. Combine all the ingredients, except the crushed ice, and blend in a mixer till smooth.
2. In each glass, place ¼ cup of crushed ice and pour equal quantity of the juice over it.
3. Serve immediately garnished with a pineapple wheel in each glass.



Chilled Mango Salad

To serve: 3

Prep. Time: 15 minutes

Ingredients:

- Ripe Mango - 1 medium size
- Cucumber - 1 medium chopped
- Onion - 1 medium Chopped
- Cherry Tomatoes - 5 no.s
- Capsicum - 1 medium chopped
- Green chilly - 1no
- Coriander Leaves - 150 gm chopped
- Mint leaves - 150 gm chopped
- Honey - 10 ml
- Lemon Juice - 10 ml
- Black Pepper - 10 gm
- Olive Oil - 20 ml
- Roasted Flax Seeds - 10 gm
- Salt to taste - 1 pinch

Preparation:

- Peel the Mango, cut the mango into small cubes and place them in a large bowl. Add finely chopped cucumber, onion, tomato, capsicum and bell pepper. Mix well.
- Add chopped coriander and mint leaves. Add honey, lemon juice, salt and black pepper powder.
- Add olive oil, salt and gently mix all ingredients. Keep in fridge for 2 hours. Serve chilled.
- Roasted flax seeds can also be added to this salad for a crunchy taste.



F&B Initiatives



THE WOODROSE
A club you'll be proud to belong to



augusta

This Ugadi Bevu Bella with us!



GALAXY



REGENT
CLUB

SIGNATURE
CLUB • RESORT



The Woodrose

Timings : 12.30 pm to 3 pm
Venue : Melting Pot
Contact : 080 4199 5999

Signature Club Resort

Timings : 12.30 pm to 3 pm
Venue : Tamarind
Contact : 080 2308 6688

Galaxy Club

Timings : 12.30 pm to 3 pm
Venue : Nebula
Contact : 080 4005 3333 / 96865 77164

Regent Club

Timings : 12.30 pm to 3 pm
Venue : Southside Cafe
Contact : 080 4203 5752 / 90080 16185

Augusta Club

Timings : 12.30 pm to 3 pm
Venue : Augusta Cafe
Contact : 080 4024 2222

Welcome this Poila Baishakh with a Lavish Lunch at our clubs on 14th April, 2019 | Sunday

The Woodrose - Menu

Aamer Sharbat

Chaats

Puchka / Jhal Muri

Salads

Aloo Kabuli /
Sprout Salad / Green Salad
/ Kacha Aamer Chatney /
Tomator Chatney /
Papad / Pickle

Main Course (Non-Veg)

Katla Machher Kalia
Khashir Mangsho

Main Course (Veg)

Beguni
Echor Kosha
Aloo Dum
Paach Mishali Torkari
Bhaja Munger Dal
Bhat / Kolkata Veg
Biryani
Luchi / Radhaballabhi

Dessert

Rajbhog / Phirni /
Lancha / Kola (Banana) /
Ice Cream

Regent Club - Menu

Soup

Bengali Style Bhadam
Shorba

Salad

Sprout Salad/Pineapple
Chaat/Green Salad

Starter

Cashew Beet Cutlet/
Bhappa Fish

Main Course (Non-Veg)

Fish Kalia /
Kolkata Chicken Biryani

Main Course (Veg)

Doi Poto
Chanar Dalna
Moong Mohar Dal
Aloo Dum
Lucchi
Sada Bhat/ Basanthi Pulao
Amsatta Khejur Chutney

Dessert

Gulab Jamoon, Sandesh

Live Station

Puchka Counter

Galaxy Club - Menu

Aamer Sharbat

Chaats

Puchka / Jhal Muri

Salads

Aloo Kabuli /
Sprout Salad / Green Salad
/ Kacha Aamer Chatney /
Tomator Chatney /
Papad / Pickle

Main Course (Non-Veg)

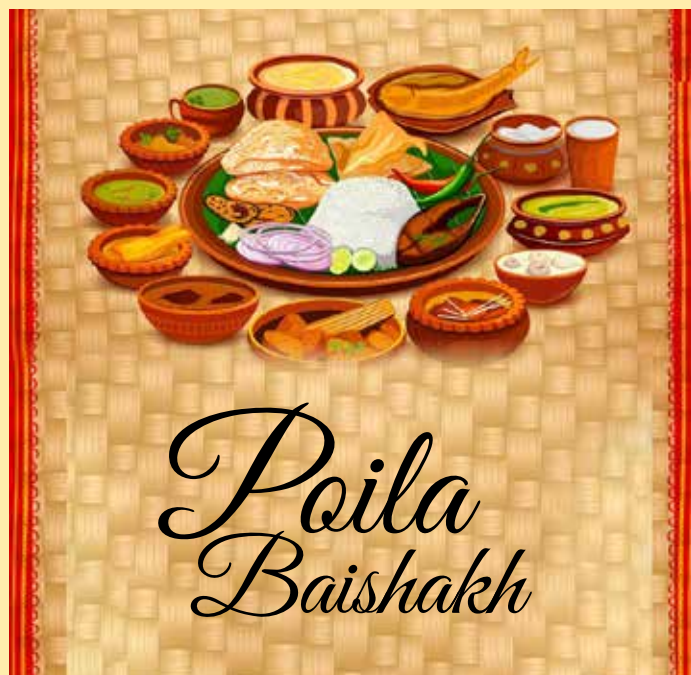
Katla Machher Kalia
Khashir Mangsho

Main Course (Veg)

Beguni
Echor Kosha
Aloo Dum
Paach Mishali Torkari
Bhaja Munger Dal
Bhat / Kolkata Veg
Biryani
Luchi / Radhaballabhi

Dessert

Rajbhog / Phirni /
Lancha / Kola (Banana) /
Ice Cream



Mother's Day Special Sunday Brunch at The Woodrose



Mother's DAY
SPECIAL SUNDAY
BRUNCH
at
THE WOODROSE
A club you'll be proud to belong to
Sunday, 12 May, 2019 | 12 noon - 3pm

Boost Flexibility While At Work



Hectic work schedules can often make it impossible for you to accommodate fitness workouts into your packed weekdays. **Fitness Instructor at The Woodrose, Bangalore Nayeem Ulla Khan** shares a great solution that will not just take care of your health, and back in particular, but will also increase your effectiveness at work.



When you work from a desk or spend most of the day in a chair, you tend to develop back and neck pain. But, after spending a long day at work, even the thought of packing a gym bag and trudging to a local gym for a regular workout can make you feel fatigued and exhausted. Here's a simple solution that doesn't involve over-the-top crazy techniques and can help you relieve your back pain while at work. Incorporate these easy strengthening exercises into your everyday routine and perform them everyday at work. These spine strengthening exercises will increase your productivity, and most importantly, will make you feel healthier.



Half Wall Hang Stretch

Stand one arm's length away from the wall. Place both your palms against the wall. Bend your waist gently until your chest is parallel with the ground. Face the wall, breathe normally and feel the stretch in your upper and lower back. Hold this position for 20-30 seconds.

Wall Push-Ups

Stand away from a wall and lean towards it, placing your hands flat and wider than your shoulders. Lower yourself down towards the wall, keeping your abs tight to maintain a straight line from your head to your toes, then push back up until your arms are straight (but not locked). Complete minimum 15-20 push-ups.

Supported Half Dog Pose

Stand near a waist height table/chair. Place both your legs against the edge of the table. Bend forward until your upper body rests on the surface of the table. Extend your hands forward. Breathe regularly and hold this position for 30-40 seconds.

Hamstrings Stretch

Remain seated in your chair and extend one leg outward. Reach towards your toes & hold this position for 10 to 30 seconds. Repeat on the other side. It is advisable to do this stretch with one leg at a time as doing it with both legs together can cause back issues.



Celebrate with Us



Celebrate Your Special Occasions at Southside Café, Regent Club



**Privashish Prakash
Parida**
Operations Manager
Regent Club

Whether you are planning to host your kid's birthday, a baby shower or a kitty party, our trained staff at Regent Club's Southside Café will make your special day extra-special. For your child's birthday bash, our party planners at Southside Café offer exciting age-appropriate themes and delectable kid-friendly menu, giving you the opportunity to enjoy and celebrate with friends & family while we take care of the setup. Considering the child's interests, hobbies, and favourite cartoon characters, etc., our creative team manages the perfect theme party to make sure your little one celebrates his/her special day in style. Southside Café offers a wide spread of Indian, Continental and Oriental delicacies for all your parties and get-togethers. But when it comes to hosting a kid's birthday, we make sure to serve food options that children find difficult to resist. Our fuss-free finger food menu includes kids' favourites such as chicken fingers, jalapeño cheese balls, creamy mac 'n' cheese, plus they can build their own sundaes for dessert as part of our Sundae Station that offers a variety of ice-cream flavours with assorted toppings. Give your child an unforgettable birthday as Southside Café team manages all the details to make it a memorable one!

Happy Hour

The Baking Company, World Trade Centre (Rajajinagar).

Avail 20% off during our **Happy Hours**
5.30pm to 7.30pm



Brigade Hospitality partners with World Vision India for the cause of the “Girl Child”

According to statistics, 48.4% of girls wished they were boys. That's half the number of girl children in the country.

Girls are deprived of developmental opportunities. Their education and health are compromised. Girls live daily with the burdens of illiteracy, illness and exploitation. Unable to reach the full potential, these girls grow into women who continue to be controlled by poverty and culture.



YOU CAN CHANGE THIS

By Joining hands with us in this cause to Uplift, Build and Empower girl child. Choose your gift and contribute towards their need. Your contribution will be the reason behind the change in the lives of these girls.



SELECT A GIFT

GIFT NAME

AMOUNT (Rs.)

GIFTS OF EDUCATION

Notebooks for 12 children	3,120
School bags for 3 children	1,350
Solar lamps for 5 families	5,500
Bicycle for one child	4,500
Higher educational fees for one child	12,000
Tuition centre	20,000

GIFTS OF WATER, SANITATION AND HYGIENE

Safe drinking water for a school/family	15,000
Toilet for a family or a school	25,000

GIFT NAME

AMOUNT (Rs.)

GIFTS OF HEALTH AND NUTRITION

Blankets for 100 children	30,000
Sweaters for 6 children	2,300
Medicated mosquito nets for 25 families	7,500
Kitchen garden for 4 families	4,000
Food basket for 6 families	6,300



Members desiring to contribute may please call us at **+91 99800 87836**

TOGETHER FOR CHILDREN. FOR CHANGE. FOR LIFE

Roast and Grilled with Jeeveshu at MLR Convention Centre, Whitefield

MLR Convention Centre, Whitefield brings to you a Comedy Act to remember. SS entertainers presents a comedy show starring one of the leading performers in the country, Jeeveshu Ahluwalia.

Jeeveshu also known as a 'Salman Khan of the Fat World' with his humour & extreme burns is someone who is guaranteed to make you laugh with his spontaneous roast comedy!

Jeeveshu has in his past performances grilled everyone in his line of vision and beyond. His interaction with crowd is effortless, easy, and fierce amazingly enough, people look forward to get roasted with him. His charming personality would leave you spellbound and laughing till your stomach hurts.

What is better way to start the weekend than with a good laugh!

This weekend, just 'ROFL' and roast with Jeeveshu!



The Immortals 3: Rekindle Magical Melodies of Maverick R D Burman. Immerse yourself in Bollywood Classic Songs

Prahlaad Academy presents The Immortals 3, known for performing some of the best Bollywood classic melodies has mesmerized the audience all across country with their sensational performances. The fantastic five, who form the group are in the city to celebrate Hindi cinema's immortal melodies from one of the most celebrated composer, R D Burman. Revisit the magical era of 70's, 80's, 90's through of RD's masterpieces.

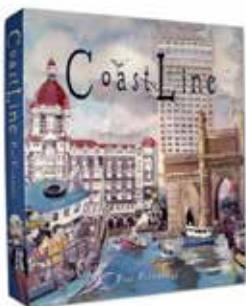
Prahlaad Prasad singer, composer and guitarist, Rujuta Prabhu an interior designer with a passion for singing, Salman Shaikh, Shruti Bhide a versatile singer and Nilanjan Chowdhury. Witness the magic unfold this Sunday as they come together to showcase some of the best musical notes and take you into the world of classic Bollywood songs with some unforgettable compositions like Yadon ki Baraat, Padosan, Prem Pujari etc.

Experience R D Burman's Magic at its best!

Date: Sunday, 20th January, Venue: MLR Convention Centre, JP Nagar

CoastLine

A book illustrated by Paul Fernandes and written by Chicku Jayadeva



A visit to India's west coast is a trip to paradise. One's senses are constantly stormed by an ever-unfolding panorama of sights, smells, sounds, situations and flavours - some familiar, others quite the opposite. Surprises are awaiting around every corner, sometimes just crossing a road brings you to a new and unexpected world-within-a-world.

Believe us when we say that some of the most ill-tempered, tunnel visioned, pie-faced humans in existence, when transported to this setting, have actually gawked in delight. More than once.

In tribute to this magical, slender swathe of India, we present the CoastLine - a happy, haphazardly-curated tour like none other. Through the gallery of pictures and stories in the pages to follow, we'll introduce you to some very special places and people.

So get into the holiday mood, stretch out comfortably and enjoy the exploration!



ZINDAGI AB MILEE DOBARA



BRIGADE
Building Positive Experiences



CREDAS

ADMIT
55+
ONLY

NEW LAUNCH

LIVE FOREVER YOUNG!

Remember the good old college days, when life was simpler and all you cared about was spending time with your friends?

Well, it's time to go back to those days. It's time to forget about your everyday responsibilities and make new friends to create fresh memories, while we take care of the rest. It's time to rediscover life at **Parkside by Brigade**.

Avail attractive launch prices on homes in North, East and West Bangalore.

1 Bedroom Homes

₹38 Lakhs* onwards

2 Bedroom Homes

₹58 Lakhs* onwards

Carry your ID/address/income proof, card/cheque, passport size photo for spot bookings.

To **UPGRADE TO BRIGADE**,
visit ParksideByBrigade.com • salesenquiry@brigadegroup.com

*Agreement value. Exclusive of other charges.

More details overleaf

Parkside
by **BRIGADE**

Independent Living for Seniors

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Grand Mercure Mysuru

Grand Mercure Mysuru, located at the heart of the City of Palaces, is the perfect blend of the traditional and the contemporary. It offers all the modern comforts with a touch of World Class French hospitality.

The unique French-Kannada fusion at La Uppu has garnered a great fan base. Come experience the secret amalgamation of two varied creative culinary cultures. We'd love it if you eat our special love infused dishes and say 'La Bombat'! And when you are at By the Blue, be assured you'll be served the best. Our master chefs have perfected the art of authentic Mughlai cuisine to rejuvenate your taste buds. For if you could ever live like the royals, it better be like the Mughals!



FOUR POINTS
BY SHERATON
Machil Ingapore

WEEKENDS DONE RIGHT!

- Breakfast + Pool Access at **INR 499++ per person**
- Brunch + Pool access at **INR 1199++ per person**
*Breakfast served till 11AM | *Brunch served till 3PM

For more information contact us at: 0484-7160000

the eatery

This cricket season, cheer for your favourite team with your favourite drink at the Holiday Inn OMR IT Expressway, Chennai from 23rd March 2019

This cricket season, watch your favourite teams' battle each other to glory at Score – The Sports Bar & Grill, Holiday Inn OMR IT Expressway from Saturday, 23rd March 2019.

The popular sports bar has some unbelievable offers on drinks and food as well as amazing flash offers daily. Indulge in a wide variety of drinks and enjoy the cricket madness with your friends.



For More Details Contact : 75501 11044
 Date : 23rd March onwards
 Time : 4PM onwards on Weekends & 8PM onwards on weekdays
 Venue : Score The Sports Bar & Grill, Holiday Inn Chennai OMR IT Expressway #110 Rajiv Gandhi Salai, OMR, Thiruvananthapuram, Chennai – 600041

Indulge in the Exquisite Holiday Brunch

A Happy Sunday for a Happier Monday at Holiday Inn OMR IT Expressway, Chennai.

Indulge in an exquisite Sunday Brunch at Holiday Inn OMR IT Expressway. Treat your family to a scrumptious holiday Brunch with delectable food specially curated from various cuisines across the world. The tantalizing brunch is designed to be a perfect mix of food, drinks, live music and kids' entertainment with the play area.



For More Details Contact : 75501 11044
 Date : Every Sunday
 Price : Non Alcoholic – INR 1599 all inclusive
 Alcoholic – INR 1999 all inclusive
 Time : 12:30 pm – 4:00 pm
 Venue : Café G, Holiday Inn Chennai OMR IT Expressway #110 Rajiv Gandhi Salai, OMR, Thiruvananthapuram, Chennai – 600041



Marriott International expands its 'Kickback and Relax' brand into Kerala, India with the opening of Four Points by Sheraton Kochi Infopark

Marriott International opens Four Points by Sheraton Kochi Infopark, expanding the brand into Kerala, India. With uncomplicated, comfortable spaces designed for independent travelers seeking balance while on the road, the new hotel offers a chance to kick back and relax for a greater travel experience. 218 spacious and well-appointed guestrooms including twenty-three suites, reflect the brand's promise of integrating timeless classics with modern details. Four Points by Sheraton Kochi Infopark also features 5,000 sqft of dedicated meeting space ideal for conferences, weddings and social gatherings. In addition to the smart and flexible design, the hotel also features a 24-hour gym, a spa and an infinity pool.



Brand new menu at Alfresco by Bene - Sheraton Grand, Bengaluru



**Sheraton
Grand**
BANGALORE HOTEL
AT BRIGADE GATEWAY

Alfresco by *Bene*



**Stirring
things up**

Experience the brand new menu at Alfresco by Bene lovingly curated by Chef Roberto including signature classics and exciting dishes from Italian and Persian cuisines crafted with a contemporary twist.



1st week of April | 12:00 AM - 12:00 PM

For more information, call

+91 80 4252 0133 | +91 95358 63685



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Hindustani vocal
Bharatnatyam
Keyboard
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✉ info@indianmusicexperience.org
🌐 www.indianmusicexperience.org

📍 Indian Music Experience
JP Nagar, 7th phase
Bangalore

Indian Music Experience is India's first interactive music museum. Discover various genres, explore the stories about iconic songs and music makers, marvel at the beautiful musical instruments and artefacts on display, and create your own music. Traditional or contemporary, young or old, the IME has something for everyone. So join us on a magical journey, and rediscover your connections with music.

This summer Beat the Heat at Signature Club Resort, Bengaluru



BEAT THE HEAT
THIS SUMMER SEASON AT

SIGNATURE
CLUB-RESORT

Pricing starting at
6499*
+taxes
Offer valid till 31st May

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Info@signatureclubresort.com
Signature Club Resort, At Brigade Orchards, NH 207, Devanahalli, Bangalore - 562110
www.signatureclubresort.com

Spice up the cricket season at Turf View Lounge - Holiday Inn, Bengaluru



Turf View

AN IHG® HOTEL
BENGALURU
RACECOURSE

SPICE IT UP THIS CRICKET SEASON

- Get 4 Simba Beers for the price of 3 at Turf View Lounge
- Choose your Bucket of 4 Beers @ INR 999/-

23 March 2019 - 19 May 2019
@Turf View Lounge
During Match Hours

For reservations: +91 76249 97913 / +91 80 46205900

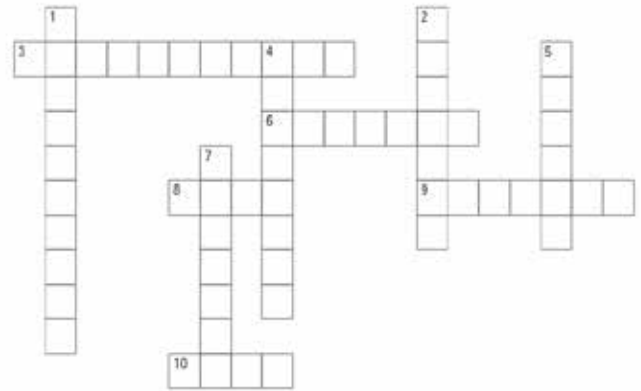
*T&C Apply

Time Out

Camping Cross Word

Camping Word Search

S Q F A Q B N V C O M P A S S
O Z W U Y A J F N O J B Q K I
U C L F S C Y L A T R I N E M
F W P W A K L S L H T O W F L
Z L C H X P E L T N N B X F Y
M U A K D A V E W X E J T X R
U O Q S D C O E S C T D K V E
I C R N H K H P R W J T G L N
P M Q M L L S I D Q U Y T R N
R X O I S T I N O X K S Q R I
A Q G C A T Z G E G I Q E N Z
T R F Q L E F B H H I T M W Z
X I X K B Z A A W T N C E F T
X D N J M C O G X A M Q N H N
F G B R S C X I L J H V A A Q



Across

3. A large warm bag for sleeping, usually zippered
6. An instrument for determining directions upon the earth's surface
8. Trap
9. Something inclosing a light, and protecting it from wind, rain, etc.
10. A portable lodge consisting of skins, canvas, or some strong cloth, stretched and sustained by poles

Down

1. Used to light your path
2. A small instrument for making whistling sounds
4. A knapsack, often mounted on a lightweight frame
5. A tool with a handle and blade, used for digging
7. A privy, or water-closet, esp. in a camp, hospital, etc.

Source: <https://www.thoughtco.com/free-camping-printables-1832371>

Brainteaser/ Riddle relating to camping

1. Give me food, and I will live. Give me water, and I will die. What am I?
2. Two fathers and two sons go fishing they each catch a fish and return with three fish only why?
3. Each morning I appear to lie at your feet. All day I will follow you no matter how fast you run. Yet I nearly perish in the midday sun, what am I?
4. Until I am measured I am not known, yet how you miss me when I have flown away.

Source: http://www.ventureteambuilding.co.uk/brain-teasers_riddles/

Answers on page 18



Know your service provider



Raghavendra Rao Pastay

Assistant Manager – Operations, MLR Convention Centre

1. How many years have you been with Brigade Group?

I have been with Brigade Group for over 4 years and 5 months now.

2. What Three Words Would You Use to Describe Your Ideal Work Environment at Brigade?

I would say the work environment at Brigade Group is empowering, positive and promotes optimism. Here, each one of us is encouraged to develop a spirit of teamwork which motivates us to thrive and accomplish collective goals. Secondly, we are given the freedom to find creative ways to meet our objectives. This pushes us to challenge our own abilities and think beyond our imagination. Also, the organisation provides us with the ideal work environment in terms of safety and security.

3. What does a typical day look like for you and what are you currently working on?

The best thing about the hospitality industry is that every day is a new day, so I've never felt monotonous or stagnant at work. Guests often come up with new questions each day, therefore, to serve them and resolve their problems, I continue to evolve professionally. It makes me happy and reminds me why I got into the hospitality industry at first place.

4. Tell us about your family

There are four of us. My father comes from a retail background and my mother is a homemaker, she

has been a great source of motivation in my life. My wife works in the accounts sector as E-accounting Executive.

5. What do you enjoy the most about your work?

My work profile is all about people; it is a key to interacting with new guests every day, catering to their needs and meeting their expectations. At the end of the day, it gives me a good opportunity to expand my knowledge base and make someone's day a little bit better.

6. If you could choose anyone, who would you pick as your mentor?

The significant mentors of my life are my parents. They instilled in me the sense of self worth and confidence at an early age. My father taught me what it means to be hardworking and being passionate about my work is what I picked up from my mother. They have supported me throughout my professional journey and stood right next to me being my guiding stars.

7. What advice would you give to new entrants?

You may get lots of opportunities, but Brigade Group provides the work environment that gives you amazing growth potential so that you can achieve your preset goals on time.

Answers to Time Out

Camping Word Search

Shovel	Sleeping Bag	Tarp	Whistle
Tent	Latrine	Backpack	Compass
Lantern	Flashlight		

Camping Cross Word

Compass	Backpack	Shovel	Latrine
Whistle	Sleeping Bag	Trap	Lantern
Flashlight	Tent		

Brainteaser/ Riddle relating to camping

1. Fire

2. There was a grandfather a father and a son

3. Shadow

4. Time

Regent Club

Power Yoga

Mr. Mansuri | Contact Number: 90365 47306
Monday, Wednesday & Friday
8.30am - 9.30am, 7.30pm - 8.30pm



Swimming

Mr. Altaf | Contact Number: 97405 05263
Saturday & Sunday
7.00am - 8.00am (Adult)
8.00am to 9.00am (intermediate)
9.00am to 10.00am (Beginners)



Zumba Fitness

Mr. Rayston | Contact Number: 97405 05263
Tuesday & Thursday - 7:30 p.m to 8:30 p.m
Saturday - 5:30 p.m to 6:30 p.m



Basketball

Mr. Chidanand | Contact Number: 98456 98204
Tuesday & Thursday : 4:45pm - 6:15pm (1st Batch)
6:30pm to - 8:00pm (2nd Batch)
Monday & Wednesday : 04:30p.m to 06:00p.m



Tennis

Ms. Archana | Contact Number: 99455 97413
Monday & Wednesday : 7:00pm to 7:45pm (1st Batch)
7:45pm - 8:30pm (2nd Batch)

Badminton

Mr. Raghav | Contact Number: 98454 50909
Mon to Friday : 4:00pm - 5:00pm (1st batch)
5.00pm - 6.00pm (2nd batch)
6.00pm - 7.00pm (3rd Batch)
Mon, Wed, Fri : 4:00pm - 5:00pm (1st batch)
5.00pm - 6.00pm (2nd batch)
6.00pm - 7.00pm (3rd Batch)
Mon, Wed, Fri : 9:00am - 10:00am (Adult)
10:00am to 11:00 (Adult)



Table Tennis

Mr. Venugopal | Contact Number: 99866 66278
Mon, Wed, Fri : 5:00pm to 6:00pm (1st Batch)
6:00pm to 7:00pm (2nd Batch)



Augusta Club

Yoga

Mrs. Umashankari V | Contact Number: 96325 55718
Mon to Thu: 10.00am - 10.45am, Sat & Sun: 06.30am - 07.30am
Mrs. Divya R | Contact Number: 98802 17427
Mon to Fri: 11am to 12noon
Mrs. Kavitha | Contact Number: 76196 27641
Mon to Fri: 7pm to 8pm



Badminton

Mr. Amith HS | Contact number: 85533 32518
Mon to Fri: 5.30am to 6.30am; Sat & Sun: 2.30pm to 4.30pm



Red Shoes Dance Classes

Tue & Thu: 5.00pm to 8.00pm



Gym Fitness Class

Mr. Mohammed Shariff | Contact number: 99863 04547
Mon to Sat:

Gymnastics Class & Theatre Class

Mr. Ravi Misra | Contact Number: 8971213900
Sun: 11am to 1pm



Augusta Club



Gymnastics

Mr. Ravi Misra | Contact Number: 8971213900
Mon to Wed: 6pm to 7pm; Tue & Thu: 6.30pm to 7.30pm

Galaxy Club



Badminton

Mr. Abhijeet Naimpally | Contact Number: 92428 97217
Mon to Friday: 4 pm to 6.30pm

Swimming

Mr. Vinay Basavraj | Contact Number: 97386 51093
Tue & Fri: 08.00 to 09.00
Ms. Kavitha | Contact Number: 98867 85804
Tue & Thu: 15.30 to 17.30, Sat & Sun: 08:00 to 10:00



Yoga Classes

Mr. Vishnu | Contact Number: 78753 25047
Mon to Fri: 07:30 to 09:30
Mon, Wed & Fri: 6:30 to 7:30



Judo & Karate

Mr. Raju | Contact Number: 9900154231
Mon & Tue: 18.30 to 19.30



Drawing & Painting Class

Ms. Surabhi Gupta | Contact Number: 77188 09817
Mon & Fri: 17.30 to 18.30



Zumba Classes

Mr. Praveen | Contact Number: 77604 52363
Tue, Thu & Fri: 11.30 to 12.30
Ms. Ridhi | Contact Number: 73377 04518/98459 86569
Tue & Fri: 19.30 to 20.30



Table Tennis

Mr. Nagarjun | Contact Number: 72041 52114, 90081 74922
Mon, Wed & Fri: 17.00 to 18.00, 18.00 to 19.00



Yogventure

Ms. Neetu | Contact Number: 9886421219
Sat & Sun: 10.00 to 11.00



Bollywood Dance Class

Mr. Salman | Contact Number: 85532 42886, 88674 49686
Wed & Thu: 17.30 to 18.30, 18.30 to 19.30

The Woodrose

Swimming

Tuesday to Saturday: 6.00 am - 4.00 pm



Badminton

Mr. Rahul
Saturday :12.00 pm - 1.30 pm
Sunday : 3.00 pm - 4.30 am



Mr. Deepak

Monday, Wednesday & Friday: 04.00 pm - 5.00 pm



Hotels



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