



BRIGADE **Beat**

The Hospitality Newsletter

December 2019



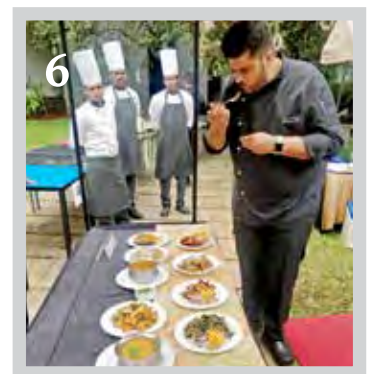
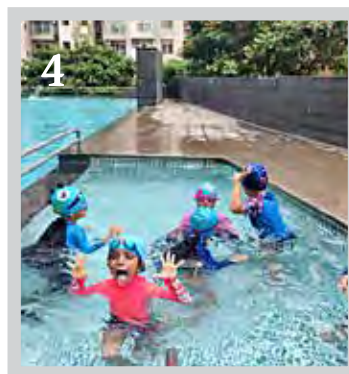
**STOP
PLASTIC**

**CHOOSE TO
REFUSE**



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From ED's Desk

Dear Member,

Greetings!

In keeping with our continued focus on sustainability, we have initiated several measures across our hotels and clubs. This includes our single-minded drive to get rid of all 'single use' plastics from our properties. Despite the fact that it is difficult and expensive to find alternate eco-friendly options, we are determined to achieve our objective. This will be our expression of solidarity with the rest of the Nation that is striving to get rid of plastic. We encourage our Members to also help support this cause.

Our partnership with World Vision India for the cause of the Girl Child, continues to grow from strength to strength. On the occasion of International Girl Child Day, we invited 40 underprivileged girls from 13 different government schools for an experiential trip to Indian Music Experience (IME), JP Nagar. It was so heart-warming to watch these children respond so excitedly to this unique experience.

Through our association with World Vision India, we aim to inspire and motivate girls who grow up with a drive & vision to follow their dreams and leave an imprint in their chosen paths.

In keeping with our Members' expectations, we have continued to make improvements in our clubs' facilities and offerings. We are happy to see positive feedbacks from our members generally on the quality of food, particularly on the newly introduced Chinese menu. We wish to assure you that this is work in progress and we will soon come back to you with more changes and improvements to the menu.

It gives us immense pleasure to announce the grand launch of our Grand Mercure Gandhinagar GIFT City, Gujarat, on 18th December 2019. This is our 7th hotel and the very first hotel outside South India.

Our Hotels continue to be recognised for their exemplary services and this acts as a major source of encouragement & motivation for our teams to continually improve our offerings.

As we look forward to another dynamic year, we thank you for making the year 2019 a memorable one. We feel privileged to have your continued patronage.

Warm regards,

Vineet Verma

Executive Director & CEO - Brigade Hospitality



Awards & Recognitions

Sr. no	Name of the Award	Name of the Hotel
1	Star Partners Award 2019 for Travellers Review Segment from Goibibo - Makemytrip	Four Points by Sheraton, Kochi Infopark
2	Won 2nd Edition of Travel + Leisure India	The Eatery, Four Points by Sheraton Kochi Infopark
3	South Asia's Reader's Choice Delicious Food Awards 2019 – Best South Indian Category	Four Points by Sheraton, Kochi Infopark
4	Gold Award Winner for entire South Asia – South Asian Travel Awards 2019 for Leading MICE Hotel, South Asia	Sheraton Grand Bangalore Hotel at Brigade Gateway
5	Gold Award Winner for entire South Asia – South Asian Travel Awards 2019 for Leading Food & Beverage Hotel, South Asia	Sheraton Grand Bangalore Hotel at Brigade Gateway
6	Front Runner Award Q1/2019 - Best IHG SWA Hotel by IHG	Holiday Inn Chennai OMR IT Expressway
7	South West Asia Operations Excellence Award H1/2019 by IHG	Holiday Inn Chennai OMR IT Expressway

CLUB ACTIVITIES



Augusta Club



Galaxy Club



Galaxy Club



Regent Club



Galaxy Club



The Woodrose



Galaxy Club



Augusta Club



The Woodrose

We celebrated
Karva Chauth at
Galaxy Club





Jagat Singh - DCDP, Augusta Club

Paneer Palak Gilafi Seekh Kebab

Ingredients:

- 200 gms Cottage Cheese (firm)
- 50 gms Spinach (shredded)
- 1 medium Red Bell Pepper (finely chopped)
- 1 medium Yellow Bell Pepper (finely chopped)
- 1 medium Green Capsicum (finely chopped)
- 1 tbsp Garlic, Ginger and Green Chillies (finely chopped)
- 1 finely chopped Onion
- 1 tsp Jeera powder
- 1 tsp Red Chilli powder
- 1 tsp chopped green Coriander leaves
- 1 tsp chopped fresh Mint leaves
- 1 tbsp Gram Flour for binding
- 1 tbsp Bread Crumb for binding/coating
- Salt to taste
- Oil as required

Method:

1. Mash the cottage cheese till its smooth and mix with the shredded spinach.
2. Add chopped garlic, ginger, green chillies, onions, jeera powder, coriander leaves, mint leaves and red chilli powder. Mix them well.
3. Add gram flour & bread crumbs for binding and salt to taste.
4. Take small portion of the mixture and shape it into kebabs around the skewers.
5. Roll it on the chopped bell peppers to cover the kebabs. Repeat the same with other peppers.
6. Put the kebabs into pre-heated oven and bake them for 20-25 minutes. Brush them with butter and cook for another 2-3 minutes.
7. Serve hot with mint chutney & tandoor salad.

Gur Chai

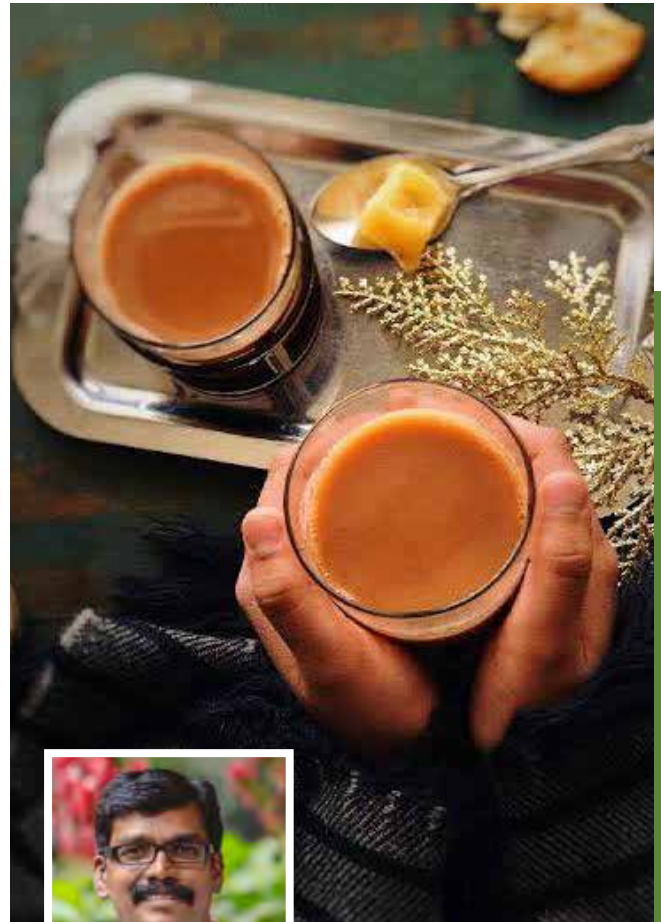
Ingredients:

- Water - ½ cup
- Milk - 1/2 cup
- Tea Leaves - 1 tea spoon
- Pepper corns - 8 no.
- Cardamom - 1 no.
- Jaggery powder - 1.5 tea spoon

Color: Serving Temperature – Warm

Method:

1. Crush the cardamom and pepper corn coarsely and keep it aside.
2. Boil the water in a saucepan, add the Tea leaves and the crushed mixture. Boil it.
3. Boil for 2 minutes and add milk into it.
4. Boil for 2 minutes then add Jaggery powder and mix well.
5. Strain and froth it serve it hot.



Prakash Kumar D
Executive Chef, The Woodrose

CELEBRATIONS @ CLUBS

International Chef Day

To honor the occasion of International Chef Day, we celebrated by having a cook-off between all the clubs. The participating clubs were The Woodrose, Augusta Club, Regent Club, Galaxy Club and Signature Club Resort.

We congratulate Team Woodrose and Augusta for placing first in Chef's cook-off and Team Regent for securing the runner-up position!

We heartily thank everyone for your enthusiastic participation and for the impressive array of great food!



Cake Mixing at Galaxy Club

We had an engaging and exciting cake mixing event this year as well at the Galaxy Club! We were happy to notice that we had few talented chefs who were eager to mix the ingredients with their cute little hands!



Brigade Hospitality Employees - Long Service Awardees (July to September 2019)



**10
YEARS**

Sharath J G
Sr. Steward, F&B Service
The Woodrose



Ravikumar Baghel
Commi-I, F&B Production
The Woodrose



Punith N
Sr. Steward, F&B Service
The Woodrose



Raghavendra Rao Pastay
Asst. Manager, Operations
MLR JP Nagar

**5
YEARS**

**5
YEARS**



Jagadish S
Sr. Technician, Maintenance
MLR JP Nagar



Sunil H
Unit Supervisor, Operations
CCLP-Whitefield



Chaluvvaraju N S
Sr. Steward, F&B Service
CCLP-WTC



Manas Kumar Bhuyan
Commi-II, F&B Production
CCLP-WTC



Mahadeva
Sr. Steward, F&B Service
CCLP-Whitefield

Swachhta Hi Sewa Campaign

In honour of the recently launched 'Swachhta Hi Sewa Campaign' by the Hon'ble Prime Minister Shri Narendra Modi, employees of Brigade Hospitality, partook in few hours of Shramdaan for cleaning up streets around the neighbourhood of our properties in Bengaluru.

Date : 1st Oct to 3rd Oct, 2019

Around 115 staff from our 7 properties and Head Office spent nearly 170 hours to bring about a change in the neighborhood





Single use plastic...can we go zero?

Single use plastic seems to be our way of life without us even realising it. For reasons we think are justified such as protecting food from dust and other air pollutants, for increasing the shelf life of various products, storing items, and many more, we use single use plastic with a sense of hubris not thinking of the consequences.

What is a single use plastic?

Also referred to as disposable plastic, these single-use plastics are commonly used for packaging. These include, grocery bags, food packaging material, wrappers, bottles, packets, drinking straws, containers, cups, spoons, forks, cling wrap, take away cups, water bottles etc.

This defiance on the use of 'single use plastic' has inescapably caused a disastrous outcome to our environment and has affected human health in inordinate ways.

Plastic pollution is one of the biggest threats to the environment. But the good news is, the world is waking up to the problem and people are starting to act.

Besides the environment, plastic poses innumerable challenges to humans, animals and marine life as well. The exposure and use of plastics, additives may lead to a variety of health complications. Knowingly or unknowingly we are ingesting plastic and exposing ourselves to its harmful side and direct effects. Single use plastic is probably the most

dangerous of the lot given the poor quality and therefore its availability at lower costs. The associated harm disrupts delayed neuro development in children, fertility cycles, immune disorders, thyroid dysfunction, poor metabolism, a higher risk of hormone-related cancers and much more.

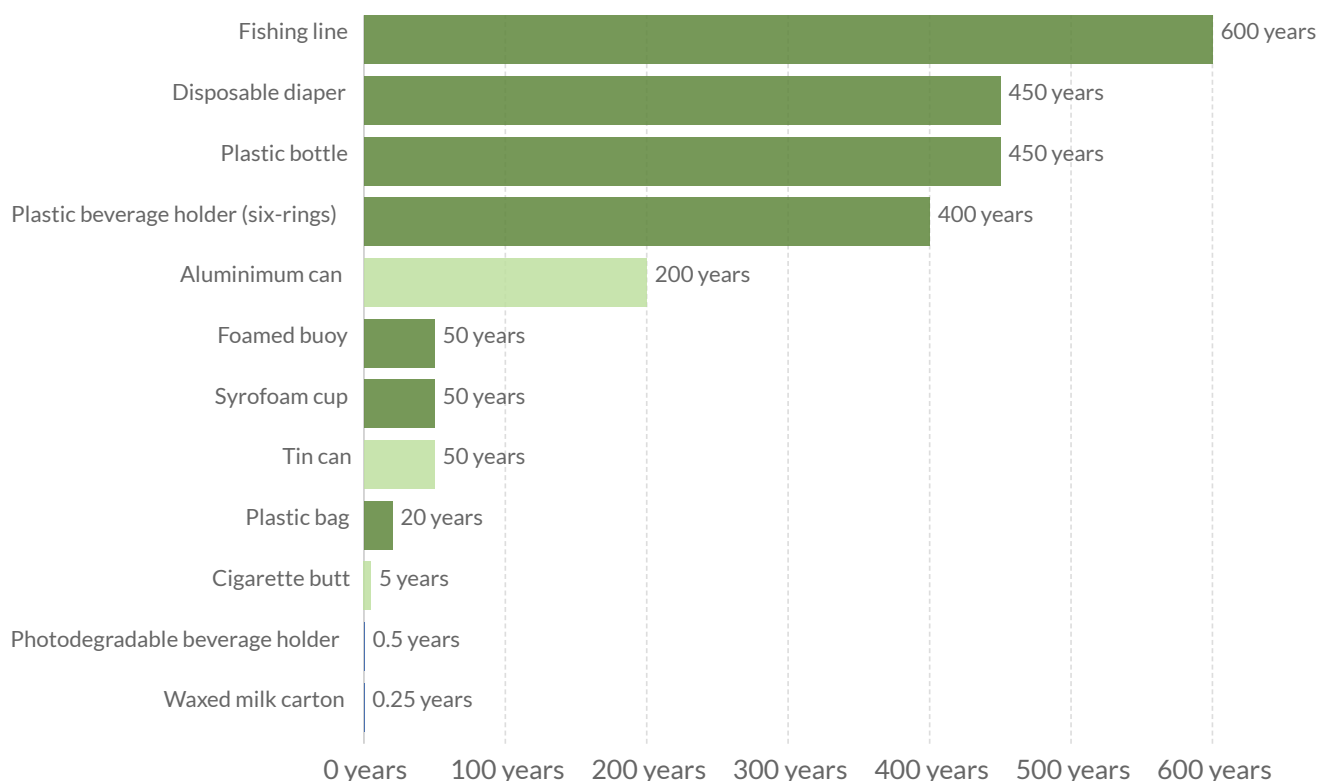
We not only consume microplastics when we eat contaminated food, but plastic microfibers are present in the air we breathe, the clothes we wear, and even the water we drink — there is indeed no escape.

Disposable plastic products never fully disappear, they accumulate over time. This affects the natural environment, harm plants, animals and humans. It can take many hundreds of years for plastic to breakdown, so the damage to the environment is long lasting. They don't decompose and release an incredible amount of toxins in the air if they are burnt.

When animals or marine organisms come into contact with plastic waste become entangled in plastic and suffocate.

Decomposition rates of marine debris items

Average estimated decomposition times of typical marine debris items. Plastic items are shown in blue.



Source: U.S. National Park Service; Mote Marine Lab; National Oceanic and Atmospheric Administration Marine Debris Program
CC BY

At Brigade we have made some headway in reducing Single-Use plastic with these initiatives.

DESCRIPTION OF PLASTIC	IMPLEMENTED INITIATIVES
All toiletries items covers	Butter paper sheets
Artificial plants in restaurant	Natural plants
Body wash (room wet amenities)	Dispensers kept in rooms to avoid single use plastic bottles
Bottled water	RO water available
Butchery bags	Cornstarch bags
Cake box	Paper cake box
Carry bag	Non woven cloth carry bag, paper bag
Cling wrap	Aluminium foil
Data cable bags	Cotton cloth bag
Drinking water for banquets	Bisleri 20 ltr water can with dispenser
Drinking water for outlets	Glass bottles placed on table. Refilling with RO water
Dry garbage bags	Umbrella fabric bag (washable)
Garbage covers in banquet area	Large dust bins (100 ltrs) used without garbage bags, waterproof cloth garbage bag (washable)
Garbage covers in guest rooms	SS dust bins only
Laundry/ newspaper bag	Cotton cloth bag
Packaging and carry bags for packed orders	Cloth bags, food packaging done in aluminium pouch, paper bento boxes and containers
Packing of food item	Acceptable - food grade cover
Packed food in plastic containers	Reusable food grade containers

DESCRIPTION OF PLASTIC	IMPLEMENTED INITIATIVES
Paper cups	Glass tumblers, acrylic tumblers
Plastic bread covers	Brown paper covers
Plastic coated collateral	Without lamination
Plastic containers	Paper container
Plastic glass protectors	Butter paper sheets
Plastic tumblers at sports facilities	Replaced with steel tumblers
Plastic knife	Wooden knife
Plastic plates	Compostable eco-friendly plate, cornstarch, areca leaf plates
Plastic spoon, fork, katoris, knives	Wooden spoon, cornstarch, ss
Plastic stirrers	Wooden stirrers
Plastic straw	Paper straw, bamboo straws
Plastic tea cups	Double wall paper tea cup
Shower cap	Cornstarch cap
Take away compartment	Paper grade trays
Take away cups	Compostable eco-friendly plate
Throw away dessert cups (banquets)	Acrylic cups, glass cups. Bone china, porcelain
Water bottles 1 ltr, 500 ml, 250 ml	Water jugs with RO water
80% Plastic food storage containers removed	Steel containers

Individual choices

1. Get a reusable water bottle, bring your own bottle.
2. Say no to (plastic) straws
3. Carry your own spoons/forks
4. Carry your own food containers for takeaways.
5. Bring your own bags (everywhere)
6. Don't use plastic bags for produce & bulk groceries
7. Say 'No' to Plasticware

Stop and Think!

Like everything else, the easiest way to reduce your dependence on single use plastic is to just stop and think about your behaviour.

Let's take five minutes and think about the last five times we found ourselves with plastic in our hand and if it was really necessary! Let's think about other responsible choices we could have made, and how we can change our behaviour the next time we are in the same situation.

Little changes do add up! So do your best every day to be conscious of your shopping, consumption, and disposal.





World Senior Citizens Day

21st August 2019, Wednesday was a special day for many. Across the world, this day is celebrated and recognized as 'World Senior Citizens day'. Brigade Hospitality decided to host the Senior Citizens of the Parkside North by creating a special experience to mark this day.

We had planned an escorted visit to our Indian Music Experience (IME), India's first Interactive Museum for Music in Brigade Millennium, JP Nagar. IME has been blessed by both our President and Prime minister of India. It has been promoted by Brigade Group, as a not for profit initiative, with the support and blessings of Government of India as also the Government of Karnataka.

The entire event was meticulously planned in coordination with the Age Ventures team who accompanied the group for the day and Signature Club Resort who took care of the refreshments during the travel. A guided tour of IME was arranged for the group exclusively and this was done by Mr. Narayan, IME volunteer. He made the morning visit very memorable, as he took them around the museum, explaining the works of various genres of music and the instrument gallery. This visit was followed by a special lunch curated exclusively for this group at The Woodrose Club right next door.

The entire day outing was very well received by the seniors who thoroughly appreciated the thoughtfulness in inviting them for this event, felt pampered and 'young at heart'.

Different teams from across the Brigade Hospitality family came together to make this day a special one!



“ The total package was wonderful. We really felt being pampered to highest limit. The lunch was exotic and the menu was superb. About the museum, it was memorable experience. I appreciate the research work done behind this. The students doing Phd in music will be benefitted more than us. We can spend the whole day. Kudos to all the people. ”

Mr. Santa Bhattacharya



Brigade Hospitality celebrates International Day of Girl Child

Brigade Hospitality celebrated this day on 10th October by inviting 40 underprivileged girls from 13 different government schools through World Vision India for a visit to Indian Music Experience (IME), the first interactive music museum of India. The idea here was to give these girls a very unique experience.

We believe that experiences are what add to an individuals' personality. In building this, learning through different engaging activities is extremely important. And we thought what better way for us to do it than a visit to our very own IME. IME is a philanthropic initiative of Brigade Group. This museum is a tome of Indian music, presented in an engaging style for all age groups, young and old. The 40 girls along with the school coordinators and World Vision India team had a guided tour of museum by the IME volunteers.



IME was chosen because of its uniqueness. It was truly a fascinating experience that every single girl, left feeling more alive, energised and inspired. That's what music does and for these girls, we wanted them to see a world beyond theirs. We wanted to celebrate them and that is exactly what happened on that day. The rich culture and diversity of Indian music is so beautifully conceptualized that it caters to all age groups, young and old, that each person on that day was left wanting for more.

The wonderful awe inspiring day ended with a very a special lunch being hosted at Augusta Club in Brigade Gardenia. The menu was designed to give the girls a different experience in taste and flavours.



Girls are our future, they are the super power. They need guidance, education, confidence to build a stronger self, community, country and world, to stand bold for their right and be emotionally strong. And today we did this by giving them a truly unforgettable experience in every sense.

'Simply superb' was what the girls had to say their day was.

A background to how we have taken up this cause is that at Brigade Hospitality we are sensitive to our role in the society and the various social causes. This brought about the initiative called, "Giving Back to Society", in short GBS. We have taken up 3 causes under this head, one of them being 'Cause of the Girl Child' besides 'Creating a livelihood for the differently abled' and 'Being Environment friendly'



We have partnered with World Vision India for the 'Cause of the Girl Child', and have had many interactions with girl children. The gifts of hope are towards education, health, nutrition, water, sanitation and hygiene. Our cause is to uplift, build and empower GIRLS.

We have signed an MoU to contribute funds that are collected every quarter. It is our aim to help create a positive change in the lives of the children.

The interactions have been many and various over the last 8 months. We have provided hygiene kits to 25 girls, school bags to 90 girls and visited them in their Anganwadi to spend time with them and shared goodies.

It was heartening to see this contribution being reciprocated with thank you letters from each of the girls. Each girl had an individual signed letter for their contributor. Employees were really happy to receive this.

The CSR activity is also planned through World Vision India is in adopting a school for this. We are looking to support the school for sustainable and long term requirements.



Experience the best of K-POP with MONT only at MLR Whitefield

An experience of a lifetime, the K-POP sensation, MONT that is ruling the music charts across the globe is in Bengaluru! MLR Convention Centres, known for hosting some of the biggest musical events brings you another breathtaking live performance at the world-class convention centre in Whitefield. MONT, a K-pop boy band is a rage among the teens and adults alike. The band is known for unique concepts, mixed storylines, extraordinary and well-coordinated choreography, catchy tunes that makes them the crowd favourite. Come in big numbers and groove to MONT's global hits right from rock, jazz, hip hop, R&B, electronic dance, traditional Korean music roots and may more for one unforgettable night. All the music lovers in the city who yearn for great music and electrifying live performances, this is the place to be.



Fresher Thoughts by Kunal Kamra at MLR Convention Centre

Get unlimited fun in the company of Kunal Kamra as he brings to you, Fresher Thoughts at the place that is known for hosting city's humorous events, MLR Convention Centre at Whitefield. The show comes with many unique compositions of comedy in the form of a young talent called Kunal Kamra.

Kunal is known for his new thoughts and offbeat comedy style; every time he comes on the stage, he leaves the crowd in splits with his impeccable timing. His observational jokes from day to day life guarantees unstoppable laughs.

After taking over the internet with extremely edgy humor, he is back in Bangalore with his latest show 'Fresher Thoughts'. Where he brings to you his all brand new bits, new jokes, insights, troll bashing worthy of history book, and truth bombs that no one can even think.

The Secret Set by Vir Das at MLR Convention Centre, Whitefield

Vir Das, the name is enough to tickle your funny bones! Coming off fresh from his world tour, an American series and a Netflix special, he mesmerizes the crowd with his witty one-liners and sarcastic banters he's known for the world over. Today, Das is the highest-grossing English comedian in the country and the first Indian comedian to have a Netflix special that further substantiates his position in the world of humor.

Das has vast experience of performing on the big stages, he has performed in over 100 shows around the globe that have won him many accolades for his brand of humor, which is witty and sarcastic.



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PROMOTIONS



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8:00 PM onwards
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KNOW YOUR SERVICE PROVIDER

Shinu Ninan

Manager - F & B, Regent Club



1. How many years have you been with Brigade Group?

I have been with Brigade Hospitality for over 2 years and 2 months now.

2. What three words would you use to describe your Ideal Work Environment at Brigade?

It feels great to be associated with the company which is an ideal place to work. I feel invested at work and aim to give my best every day. The flexible & challenging work culture and the supportive staff create a work environment that makes it easy to find a balance between work and family.

3. What does a typical day look like for you and what are you currently working on?

My usual day at work starts by discussing the daily tasks with the F&B staff and ensuring that all team members are well-trained. I handle customer complaints and help resolve their problems. I also work on to make strategies to increase sales and achieve pre-set targets.

4. Tell us about your family

My mother is a homemaker. My wife, Ligi and I have two beautiful daughters - Ishika and Nysha. The elder one is 7 years and the younger is 2 years old.

5. If you could choose anyone, who would you pick as your mentor?

I can't thank enough Mr. Akarsh AV and Mr. Privashish Prakash for all their guidance & support.

6. What advice would you give to new entrants?

Brigade is a great place to work. As an employee, you'll get many opportunities to grow, evolve and learn new things!

Regent Club

Power Yoga

Mr. Mansuri | Contact Number: 90365 47306
Monday, Wednesday & Friday: 8.30am - 9.30am



Zumba Class

Mr. Rayston | Contact Number: 9845863813
Tuesday & Thursday - 7:30 p.m to 8:30 p.m
Saturday - 5:30 p.m to 6:30 p.m



Basketball

Mr. Chidanand | Contact Number: 98456 98204
Tuesday & Thursday : 4:45pm - 6:15pm (1st Batch)
6:30pm to - 8:00pm (2nd Batch)



Tennis

Ms. Archana | Contact Number: 99455 97413
Monday & Wednesday : 19:00 - 19:45 (1st Batch)
19:45 - 20:30 (2nd Batch)

Badminton

Mr. Raghav | Contact Number: 98454 50909
Mon to Friday



Galaxy Club

Badminton

Mr. Abhijeet Naimpally | Contact Number: 92428 97217
Mon to Friday: 16:00 to 18:30



Swimming

Mr. Vinay Basavraj | Contact Number: 97386 51093
Tue & Fri: 08.00 to 09.00



Ms. Kavitha | Contact Number: 98867 85804
Tue & Thu: 15.30 to 17.30, Sat & Sun: 08:00 to 10:00

Yoga Classes

Mr. Vishnu | Contact Number: 78753 25047
Mon to Fri: 07:30 to 09:30
Mon, Wed & Fri: 6:30 to 7:30



Judo & Karate

Mr. Raju | Contact Number: 9900154231
Mon & Tue: 18.30 to 19.30



Drawing & Painting Class

Ms. Surabhi Gupta | Contact Number: 77188 09817
Mon & Fri: 17.30 to 18.30



Zumba Classes

Mr. Salman | Contact No.: 85532 42886, 88674 49686
Tue, Thu & Fri: 11:30 to 12.30
Mon, Wed & Thu: 16.30 to 17.30



Ms. Ridhi | Contact Number: 73377 04518/98459 86569
Tue & Fri: 19.30 to 20.30



Table Tennis

Mr. Nagarjun | Contact Number: 72041 52114, 90081 74922
Mon, Wed & Fri: 17.00 to 18.00, 18.00 to 19.00

Swimming Aqua Yoga

Mr. Sridhar | Contact Number: 8722009883
Tue to Fri: 06.00 to 07.00, 7.00 to 8.00



Bollywood Dance Class

Mr. Salman | Contact Number: 85532 42886, 88674 49686
Wed & Thu: 17.30 to 18.30, 18.30 to 19.30

Augusta Club

Yoga

Mrs. Umashankari V | Contact Number: 96325 55718
Mon to Thu: 10.00am - 10.45am, Sat & Sun: 06.30am - 07.30am



Mrs. Divya R | Contact Number: 98802 17427
Mon to Fri: 11am to 12noon

Mrs. Kavitha | Contact Number: 76196 27641
Mon to Fri: 7pm to 8pm

Badminton

Mr. Amith HS | Contact number: 85533 32518
Tue to Fri: 5.30am to 6.30am;
Sat & Sun: 2.00pm to 4.30pm



Gym Fitness Class

Mr. Mohammed Shariff | Contact number: 99863 04547

Gymnastics, Dance, Kungfumatics and Theatre

Mr. Ravi Misra | Contact Number: 8971213900



Swimming Coaching

Mr. Jayasimha | Contact Number: 9980187296





Hotels



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www.signatureclubresort.com



www.galaxyclub.in



www.regentclub.in



www.brigadehospitality.com



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